



COURSE STRUCTURE

BACHELOR OF ARTS

PSYCHOLOGY

GANDHINAGAR INSTITUTE OF

LIBERAL STUDIES

DEPARTMENT OF PSYCHOLOGY



Preamble

The Department of Psychology at Gandhinagar Institute of Liberal Studies is dedicated to fostering scientific inquiry into human behaviour, cognitive processes, and emotional functioning, while promoting critical thinking, empathy, and ethical understanding. The department aims to create an inclusive and intellectually engaging learning environment where students are encouraged to explore the complexities of human mind and behaviour through theoretical, experimental, and applied approaches to psychology.

The curriculum for the B.A. (Hons.) Psychology program has been revised in accordance with the guidelines of the UGC, NCERT, and the National Education Policy (NEP) under Academic Regulation 2022, effective from the academic session 2026–2027. The program follows an Outcome-Based Curriculum (OBC) with a Choice-Based Credit System (CBCS), enabling students to develop strong academic, research, and professional competencies in psychological science, counseling, and applied mental health practices, aligned with the evolving demands of higher education, research, healthcare, and allied industries.

To address emerging trends in psychological sciences, the curriculum integrates contemporary and applied areas such as Cognitive Psychology, Clinical Psychology, Counselling Psychology, Organizational Behaviour, Social Psychology, Positive Psychology, Neuropsychology, Research Methods, Psychological Assessment, and Mental Health Studies. The program also emphasizes research methodology, psychological testing, data analysis, and scientific writing, preparing students for careers in clinical practice, counseling, human resources, research, education, and community mental health services.

Students are encouraged to undertake MOOC courses and interdisciplinary electives to broaden their academic exposure and develop specialized competencies in emerging areas of psychology and mental health practice.

The course coding system has been updated from the respective academic sessions, as suggested by the Office of the Controller of Examinations, to clearly distinguish the revised curriculum from previous versions.

The curriculum and syllabi are continuously reviewed and updated through a structured feedback mechanism involving faculty members, subject experts, practitioners, alumni, students, and parents. This ensures that the program remains relevant, scientifically grounded, learner-centric, and responsive to the evolving needs of society and the mental health landscape.

With a strong focus on academic excellence, scientific temper, ethical practice, communication skills, and lifelong learning, the department aims to nurture competent psychologists, counselors, researchers, educators, and socially responsible individuals who can contribute meaningfully to individual well-being and the broader global community.



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Institutional Vision & Mission

VISION:

“To cultivate intellectually curious, ethical, and socially responsible individuals who think critically, act empathetically, understand economic and human systems, and contribute meaningfully with global awareness and informed leadership.”

1. To nurture intellectually curious, ethically grounded, and socially responsible individuals with a strong understanding of human values, economic systems, and human behavior.
2. To develop critical thinkers and creative innovators who demonstrate global awareness, cultural sensitivity, and analytical competence in an interconnected world.
3. To empower learners to contribute meaningfully to society through knowledge, empathy, leadership, and informed decision-making.

MISSION:

1. To offer a broad, interdisciplinary curriculum integrating arts, humanities, social sciences, and emerging fields.
2. To cultivate essential skills such as critical thinking, effective communication, creativity, and problem-solving.
3. To integrate experiential learning through internships, community engagement, and real-world applications.
4. To prepare adaptable, skilled graduates for diverse careers, higher education, and responsible global citizenship.



Departmental Vision & Mission

VISION

To create a dynamic academic environment in the Department of Psychology where students develop scientific understanding of human behaviour, emotional intelligence, critical thinking, and research aptitude, enabling them to contribute meaningfully to mental health, well-being, and the advancement of psychological knowledge in society.

MISSION

To develop future psychologists, counselors, researchers, educators, and professionals with a strong foundation in psychological theories, research methods, and applied practices. The department aims to nurture students who are scientifically trained, ethically responsible, socially sensitive, and capable of addressing contemporary mental health challenges while adapting to the evolving global, cultural, and professional landscape.

1. Details of Programmes Outcomes (PO), Programmes Specific Outcomes (PSO) & Course Outcomes (CO)

Programme Outcomes (POs) – B.A. Psychology

PO 1 Knowledge of Psychology	Knowledge of psychological concepts, theories, and principles.
PO 2 Critical Thinking	Critical thinking and analytical skills in understanding behaviour.
PO 3 Applied Psychology	Application of psychological knowledge in real-life settings.
PO 4 Research Skills	Research and data interpretation skills.
PO 5 Ethical Awareness	Ethical awareness and professional responsibility.
PO 6 Communication Skills	Communication and interpersonal skills.
PO 7 Problem Solving	Problem-solving and decision-making skills.
PO 8 Mental Health Awareness	Understanding of mental health and well-being.
PO 9 Teamwork	Ability to work in teams and collaborative environments.
PO 10 Lifelong Learning	Lifelong learning and self-development.

2. Programme Specific Outcomes (PSO)

PSO 1 Behaviour & Cognition Application	Apply psychological principles to understand and improve human behaviour, cognition, and emotions.
PSO 2 Intervention Design	Design interventions for mental health, emotional regulation, and social well-being.



Department Credibility

“The Department of Psychology is committed to developing scientifically trained, ethically responsible, and professionally competent graduates with a strong foundation in psychological theories, research methodology, mental health studies, counseling practices, cognitive processes, behavioural sciences, and interdisciplinary applications of psychology.

After completion of the program, students are equipped with the knowledge, analytical skills, and practical competencies required to work in diverse fields such as clinical and counseling services, mental health care institutions, education and training, human resource management, organizational development, social work, rehabilitation centers, research organizations, and higher education institutions.

The curriculum and teaching methodology enable students to adapt to the evolving academic, professional, and global environment while pursuing career opportunities in counseling psychology, psychotherapy assistance, psychological assessment, behavioural research, mental health advocacy, academic teaching, and emerging interdisciplinary domains such as neuropsychology, forensic psychology, and positive psychology.

The department continuously promotes academic excellence through experiential learning, psychological testing practice, research projects, seminars, workshops, case studies, internships, and field exposure to enhance scientific temperament, ethical awareness, professional skills, and the overall personality development of graduates.”

Summary for B.A Course in PSYCHOLOGY with effect from 2026-2027 :

Sl. No.	Course Type	Credit
1	Major Core Courses (Basic Psychological Processes, Positive Psychology, Psychology of Everyday Life, Human Development, Organizational Behaviour, Abnormal Psychology, Psychology of Social Behaviour, Community Psychology, Theories of Personality and Learning, Developmental Psychology, Forensic Psychology, Counselling Psychology, Statistics, Research in Psychology, Psychopathology, Cross-Culture Studies, Cognitive and Behavioural Psychology, Applied Psychology, Psychological Experiments, Psychology of Human Sexuality and Marital Relationships, Clinical Psychology, Psychology Practical (Lab),)	88
2	Minor Courses / Interdisciplinary Courses	32
3	Ability Enhancement Courses (AEC)	10
4	Skill Enhancement Courses (SEC)	10
5	Value Added Courses (VAC)	4
6	Indian Knowledge System (IKS) Courses	8
7	Vocational / Employability / Media & Content Writing Courses	8
8	Internship / OJT / Research Project / Dissertation	20
	Total Credits	180

Multi Exit Certification Structure as per NEP 2020

Exit Level	Qualification Awarded	Minimum Credits Required
After 1st Year	UG Certificate	40 Credits
After 2nd Year	UG Diploma	80 Credits
After 3rd Year	B.A. Degree in Psychology	120 Credits
After 4th Year	B.A. (Hons.) Psychology / B.A. (Hons. with Research)	180 Credits

Program Name: Bachelor of Arts (Hons.)							Program Code: 52					
Semester / Year : First Year Bachelor of Arts (Hons.)- Semester I							Effective From Academic Year: 2024-25 (As per NEP 2020)					
Subject Code	Course Type	Subject Name	Credit	Hours per week				Theory (Marks)		Practical (Marks)		Total (Marks)
				L	T	P	Total	University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
10520101	Major 1	Basic Psychological Processes	4	4	-	-	4	50	50	-	-	100
10520102	Major 2	Positive Psychology	4	4	-	-	4	50	50	-	-	100
10510110/ 10490110/ 101360110	Minor 1	(Choose any one Minor subject other than Major) (a) Introduction to Political Science (IPS) (b) Introduction to English Literature(IEL) (c) Introduction to Sociology (IS)	4	4	-	-	4	50	50	-	-	100
10490103	Mutltidisciplinary/Interdisciplinary 1	Creative Writing and Literature (CWL)	4	4	-	-	4	50	50	-	-	100
AEC016	Ability Enhancement Course	Practical English (PE)	2	2	-	-	2	25	25		-	50
SEC006	Skill Enhancement Course	Data Analysis Using Spreadsheets (DASS)	2	2	-	-	2	25	25			50
VAC004	Value Added Course	Basic Life Support (BLS)	2	2	-	-	2	25	25	-	-	50
			22	22	0	0	22	-	-	-	-	550



Program Name: Bachelor of Arts (Hons.)								Program Code: 52				
Semester / Year : First Year Bachelor of Arts (Hons.)- Semester II								Effective From Academic Year: 2024-25 (As per NEP 2020)				
Subject Code	Course Type	Subject Name	Credit	Hours per week				Theory (Marks)		Practical (Marks)		Total (Marks)
				L	T	P	Total	University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
10520201	Major 3	Psychology of Everyday Life(PEL)	4	4	-	-	4	50	50	-	-	100
10520202	Major 4	Human Development(HD)	4	4	-	-	4	50	50	-	-	100
10510210/ 10490210/ 101360210	Minor 2	(Choose any one Minor subject same as semester 1) (a) Political Concepts (PC) ((b) Indian Writing in English (IWE) (c) Indian Sociological Perspective (Added from 2024 Onwards)	4	4	-	-	4	50	50	-	-	100
101530203	Mutltidisciplinary/Interdisciplinary 2	Human Rights: Indian Perspectives	4	4	-		4	50	50	-	-	100
AEC016	Ability Enhancement Course 2	Introducation to Translation	2	2	-	-	2	25	25	-	-	50
SEC019	Skill Enhancement Course 2	Social Media and Management	2	2	-	-	2	25	25	-	-	50
IKS0201	Indian Knowledge System	Indian Ancient History and Cultural Heritage	2	1	-	1	3	-	25	25	-	50
			22	21	0	1	23	-	-	-	-	550
Note (If any):	Students exiting the programme after securing 40 credits will be awarded UG Certificate in the relevant Discipline /Subject provided they secure 4 credits in work based vocational courses of ered during summer term or internship / Apprenticeship in addition to 6 credits from skill-based courses earned during first and second semester											

Program Name: Bachelor of Arts (Hons.)								Program Code: 52				
Semester / Year : First Year Bachelor of Arts (Hons.)- Semester III								Effective From Academic Year: 2024-25 (As per NEP 2020)				
Subject Code	Course Type	Subject Name	Credit	Hours per week				Theory (Marks)		Practical (Marks)		Total (Marks)
				L	T	P	Total	University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
10520301	Major 5	Organizational Behaviour (OB)	4	4	-	-	4	50	50	-	-	100
10520302	Major 6	Abnormal Psychology (AP)	4	4	-	-	4	50	50	-	-	100
10520303	Major 7	Psychology of Social Behaviour (PSB)	4	4	-	-	4	50	50	-	-	100
101360304	Mutlti / Interdisciplinary 3	Social Responsibility and Community Development (SRCD)	4	4	-		4	50	50	-	-	100
AEC010	Ability Enhancement Course 3	Funcnional Grammar and Composition (FGC)	2	2	-	-	2	25	25	-	-	50
SEC021	Skill Enhancement Course 3	Visual Arts (VA)	2	2	-	-	2	-	-	25	25	50
VAC024	Value Added Course 2	Yoga and Meditation for Wellness	2	2	-	-	2	25	25	-	-	50
			22	22	0	0	22					550



Program Name: Bachelor of Arts (Hons.)							Program Code: 52					
Semester / Year : First Year Bachelor of Arts (Hons.)- Semester IV							Effective From Academic Year: 2024-25 (As per NEP 2020)					
Subject Code	Course Type	Subject Name	Credit	Hours per week				Theory (Marks)		Practical (Marks)		Total (Marks)
				L	T	P	Total	University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
10520401	Major 8	Community Psychology(CP)	4	4	-	-	4	50	50	-	-	100
10520402	Major 9	Theories of Personality and Learning(TPL)	4	4	-	-	4	50	50	-	-	100
10520403	Major 10	Developmental Psychology(DP)	4	4	-	-	4	50	50	-	-	100
10490410/ 10510410	Minor 3	(choose any one Minor subject same as semester 1) (a) English -Indian Writing in English-II (IWE II) (b) Political Science -Indian Politics: Issues and Concern(c) Sociology- Sociology of Family	4	4	-		4	50	50	-	-	100
AEC003	Ability Enhancement Course 4	कन्वर्सेशनल हिंदी (Conversational Hindi) (Modern Indian Language)	2	2	-	-	2	25	25	-	-	50
SEC024	Skill Enhancement Course 4	Cyber Crime	2	2	-	-	2	25	25	-	-	50
IKS0402	Indian Knowledge System	Indian Philosophy	2	1	-	2	3	-	25	25	-	50
			22				23					550
Note (If any):	Students exiting the programme after securing 80 credits will be awarded UG Diploma in the relevant Discipline /Subject provided they secure additional 4 credit in skill based vocational courses offered during first year or second year summer term.											

Program Name: Bachelor of Arts (Hons.)								Program Code: 52				
Semester / Year : First Year Bachelor of Arts (Hons.)- Semester V								Effective From Academic Year: 2023-24 (As per NEP 2020)				
Subject Code	Course Type	Subject Name	Credit	Hours per week				Theory (Marks)		Practical (Marks)		Total (Marks)
				L	T	P	Total	University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
10520501	Major 11	Forensic Psychology (FP)	4	4	-	-	4	50	50	-	-	100
10520502	Major12	Counselling Psychology(CP)	4	4	-	-	4	50	50			100
10520503	Major 13	Statistics(S)	4	4	-	-	4	50	50	-	-	100
10490510/10510510/10360510	Minor 4	(choose any one same as semester 1) (a) English -English Fiction (EF) (b) Political Science - Democratic Awareness with Legal Literacy (c) Sociology- Dynamics of Indian Society	4	4	-	-	4	50	50	-	-	100
10520504	Minor 5 IKS	Psychological perspective of Indian Philosophy and Darshanas	4	4	-	-	4	50	50			100
SEC022	Skill Enhancement Course 5	Public Speaking	2	2	-	-	2	25	25	-	-	50
			22				22					550

Program Name: Bachelor of Arts (Hons.)							Program Code: 52					
Semester / Year : First Year Bachelor of Arts (Hons.)- Semester V							Effective From Academic Year: 2023-24 (As per NEP 2020)					
Subject Code	Course Type	Subject Name	Credit	Hours per week				Theory (Marks)		Practical (Marks)		Total (Marks)
				L	T	P	Total	University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
10520501	Major 11	Forensic Psychology (FP)	4	4	-	-	4	50	50	-	-	100
10520502	Major12	Counselling Psychology(CP)	4	4	-	-	4	50	50			100
10520503	Major 13	Statistics(S)	4	4	-	-	4	50	50	-	-	100
10490510/10510510/10360510	Minor 4	(choose any one same as semester 1) (a) English -English Fiction (EF) (b) Political Science - Democratic Awareness with Legal Literacy (c) Sociology- Dynamics of Indian Society	4	4	-	-	4	50	50	-	-	100
10520504	Minor 5 IKS	Psychological perspective of Indian Philosophy and Darshanas	4	4	-	-	4	50	50			100
SEC022	Skill Enhancement Course 5	Public Speaking	2	2	-	-	2	25	25	-	-	50
			22				22					550



Program Name: Bachelor of Arts (Hons.)							Program Code: 52					
Semester / Year : First Year Bachelor of Arts (Hons.)- Semester VI							Effective From Academic Year: 2024-25 (As per NEP 2020)					
Subject Code	Course Type	Subject Name	Credit	Hours per week				Theory (Marks)		Practical (Marks)		Total (Marks)
				L	T	P	Total	University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
10520601	Major 14	Research in Psychology (RP)	4	4	-	-	4	50	50	-	-	100
10520602	Major 15	Psychopathology (P)	4	4	-	-	4	50	50			100
10520603	Major 16	Cross-Culture Studies (CS)	4	4	-	-	4	50	50	-	-	100
10520604	Minor 6 (Vocational)	Psychological Testing	4	-	-	8	8	-	-	50	50	100
10520605	Internship	Intership in Psychology	4	-	-	-	-				100	100
AEC005	Ability Enhancement Course 5	Company Law and Corporate Governance	2	2			2	25	25			50
			22			8	22					550
Note (If any):	Students who want to undertake 3-year UG programme will be awarded UG Degree in the relevant Discipline /Subject upon securing 120 credits											

Program Name: Bachelor of Arts (Hons.)							Program Code: 52					
Semester / Year : First Year Bachelor of Arts (Hons.)- Semester VII							Effective From Academic Year: 2024-25 (As per NEP 2020)					
Subject Code	Course Type	Subject Name	Credit	Hours per week				Theory (Marks)		Practical (Marks)		Total (Marks)
				L	T	P	Total	University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
10520701	Major 17	Cognitive and Behaviourl Psychology (CBP)	4	4	-	-	4	50	50	-	-	100
10520702	Major 18	Applied Psychology	4	4	-	-	4	50	50			100
10520703	Major 19	Psychological Experiments	4	4	-	-	4	50	50	-	-	100
10520704	Minor 7	Emotional Psychology Minor (Vocational)	4	4	-	-	4	50	50	-	-	100
10520705	OJT in Major Specific Course	On the Job Training (OJT)	6	-	-	12	12				150	150
			22	16	-	12	28					550



Program Name: Bachelor of Arts (Hons.)								Program Code: 52				
Semester / Year : First Year Bachelor of Arts (Hons.)- Semester VIII								Effective From Academic Year: 2024-25 (As per NEP 2020)				
Subject Code	Course Type	Subject Name	Credit	Hours per week				Theory (Marks)		Practical (Marks)		Total (Marks)
				L	T	P	Total	University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
10520801	Major 20	Psychology of Human Sexuality and Marital Relationships	4	4	-	-	4	50	50	-	-	100
10520802	Major 21	Clinical Psychology	4	4	-	-	4	50	50	-	-	100
10520803	Major 22	Psychology Practical (Lab)	4	-	-	8	8	-	-	50	50	100
10520804	Minor 8	Psychological Assessment (Minor) (Vocational)	4	4	-	-	4	50	50	-	-	100
10520805	Research Project in Major Specific Course	Research Project	6	-	-	12	12			50	100	150
			22	12	-	20	32					550
Note (If any):	A Bachelor’s degree with honours after a 4-year (eight semesters) programme of study with On the Job Training (OJT) (For UG Honors Degree) / Research Project (For UG Honors with Research Degree)											

A. Ability Enhancement Courses (AEC)

Sl. No	Course Name	Tick (Any 05)
1	Business Communication – Blended with ICSI	AEC001
2	Communication and Presentation for Technical Professionals (IEEE)	AEC002
3	Conversational Hindi (Modern Indian Language)	AEC003
4	Corporate Grooming and Business Etiquettes	AEC004
5	Digital Privacy: Understanding and Operational Framework (IEEE)	AEC005
6	Digital Transformation: Game Changing Opportunities (IEEE)	AEC006
7	Economics & Business Environment Blended with ICSI	AEC007
8	Freelancing and Content Writing	AEC008
9	French	AEC009
10	Functional Grammar and Composition	AEC010
11	German	AEC011
12	Gujarati	AEC012
13	Marathi	AEC013
14	Mass Communication and Journalistic Writing	AEC014
15	Introduction to Translation	AEC015
16	Practical English	AEC016
17	Punjabi	AEC017
18	Spanish	AEC018
19	Radio Jocky	AEC019

B. Skill Enhancement Courses

Sl. No	Course Name	Tick (Any 05)
1	Animation & Graphics Design	SEC001
2	Aptitude and Logical Reasoning Blended with ICSI	SEC002
3	AutoCAD and Basic Drafting	SEC003
4	Business Administration	SEC004
5	Current Affairs and Quantitative Aptitude Blended with ICSI	SEC005
6	Data Analysis using Spreadsheet	SEC006
7	Digital Marketing	SEC007
8	Eco-Engineering: Designing for the Future	SEC008
9	Engineering Mastery: Tools and Techniques	SEC009
10	Event Management	SEC010
11	ICT Skills for Leadership	SEC011
12	Innovation & Entrepreneurship	SEC012
13	Interpersonal Skills – Blended with ICSI	SEC013
14	Introduction of Cyber Security (IEEE)	SEC014
15	Office Automation Tools	SEC015
16	Performing Arts (Dance, Music, Drama)	SEC016
17	Personal Financial Planning	SEC017
18	Practical Workshop Training	SEC018
19	Social Media Management	SEC019
20	Tally Accounting	SEC020
21	Visual Arts	SEC021
22	Public Speaking	SEC022
23	Organic Farming	SEC023

C. Value Addition Courses (VAC)

Sl. No.	Course Name	Tick (Any 05)
1	Anti-ragging – Blended with IEEE	VAC001
2	Art of Living for Wellness	VAC002
3	Awareness of Cyber Crime and Ethical Hacking	VAC003
4	Basic Life Support (BLS)	VAC004
5	Community Development	VAC005
6	Economics & Social Development	VAC006
7	Emotional Intelligence	VAC007
8	Environmental Studies	VAC008
9	Ethics and Values in Ancient Indian Tradition	VAC009
10	Gandhian Studies	VAC010
11	Indian Economy and Planning	VAC011
12	Indian Geography and Environmental Ecology	VAC012
13	Indian History and Cultural Heritage	VAC013
14	Integrated Personality Development Course	VAC014
15	Life Lessons from Bhagvad Gita	VAC015
16	Life Skills	VAC016
17	National Cadet Corps (NCC)	VAC017
18	National Service Scheme (NSS)	VAC018
19	Prevention of Sexual Harassment	VAC019
20	Psychology	VAC020
21	Stress and Time Management	VAC021
22	Sustainable Development and Environmental Studies	VAC022
23	Universal Human Values	VAC023
24	Yoga and Meditation for Wellness	VAC024



GANDHINAGAR

UNIVERSITY

GANDHINAGAR INSTITUTE OF LIBERAL STUDIES

B.A. (HONS.) PSYCHOLOGY

Major 1

SEMESTER 1

Subject Code: 10520101	Subject Title: BASIC PSYCHOLOGICAL PROCESSES
Pre-requisite: Basic Understanding of Psychology	

Course Objective: The course aims to provide students with a fundamental understanding of the fundamental processes that underlie human cognition, perception, and behavior and explore the various psychological processes involved in how we think, perceive the world, and interact with others.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents				
Sr. No	Topic	Total Hours	Weight (%)	
1	Psychology: Nature, Scope and Applications; Approaches: Psychodynamic, Behavioristic, Cognitive, Humanistic & Indigenous Indian Psychology (with special reference to Shrimad Bhagwad Gita, Sankhya Darshan and Buddhism).	12	20%	
2	Attention Processes: Selective and Sustained Attention: Nature and Determinants; Perceptual Processes: Nature and Determinants; Perceptual Organization; Perceptual Illusion. Learning: Classical Conditioning, Operant Conditioning and Verbal Learning: Methods and Procedures.	15	25%	
3	Memory and Forgetting: Stages of Memory: Encoding, Storage and Retrieval; Types of Memory: Sensory, Short Term and Long-Term Memory (Basic Introduction); Forgetting, Intelligence: Nature and Definition; Concept of IQ; Types of Intelligence, Theories of Intelligence (Introduction of Basic Concepts): Spearman, Thurston, Guilford, Sternberg, Gardner).	15	25%	
4	Personality: Definition and Determinants: Approach of Personality (Basic Concepts): NEO, Trait approaches (Allport and Cattell); Psychodynamic (Freud); Humanistic (Rogers and Maslow). History related Concepts: Importance of History, How to take history, Approaches and Proper History Taking.	9	15%	

5	Emotion and Empathy: Nature of Emotion; Basic Emotions; Expressions of Emotion: Universal Versus Culture Specific; Theories of Emotion: James-Lange, Cannon-Bard, Schachter-Singer. Motivation: Nature and Concept (Needs, Drives, Instincts); Types of Motives. Understanding Empathy	9	15%
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Course Outcomes: By the end of the course, students will be able to:

1. Engage in the study of the mind and behavior, encompassing diverse approaches and allusions to cultural and philosophical texts.
2. Navigate the exploration of focus and perception, embracing learning methodologies and sustained attention.
3. Attain comprehension of memory stages, classifications, and theories of intelligence, including mechanisms of forgetting.
4. Undertake an examination of individual traits, psychodynamic and humanistic theories, alongside recognizing the significance of history-taking.
5. Probe into emotions, their manifestations, and concepts of motivation, while also reflecting on the concept of empathy.

List of Reference Books:

1. Baron, R., & Misra, G. Psychology. 5th ed., Pearson, 2016.
2. Cornelissen, M., Mishra, G., & Verma, S. Foundations of Indian Psychology. Pearson Education, 2014.
3. Galotti, K. M. Cognitive Psychology: In and Out of the Laboratory. 5th ed., Sage, 2014.
4. Feldman, R. S. Understanding Psychology. Tata McGraw Hill, 2006.
5. Morgan, C. T., King, R. A., Weiss, R. A., & Schopler, J. Introduction to Psychology. 7th ed., McGraw Hill, 2004.

Open e-Resources:

1. <http://heecontent.upsdc.gov.in/Home.aspx>
2. <http://www.apa.org>



GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A. (HONS.) PSYCHOLOGY
Major 2
SEMESTER 1

Subject Code: 10520102	Subject Title: POSITIVE PSYCHOLOGY
Pre-requisite: Basic Understanding of Psychology.	

Course Objective: The course aims to provide students with an understanding of the scientific study of human well-being and optimal functioning. Positive psychology focuses on identifying and promoting positive emotions, strengths, virtues, and behaviors that contribute to a fulfilling and meaningful life.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Positive Psychology: Historical roots; Assumptions and Goals; Eastern and western perspectives on positive psychology	12	20%
2	Positive Emotional State: The Broaden and Build Theory of Positive motions; Wellbeing and Happiness: Eudemonics and Hedonistic View; Psychological and Subjective Wellbeing; Flow: Flow State, Auto telic Personality. Concept and Mindfulness in Buddhism	15	25%
3	Positive Cognitive States: Self-Efficacy Concept, measurement; Hope and Resilience Concept, Childhood antecedents, measurements; Wisdom and Courage Difference between intelligence and wisdom, Theories of wisdom and courage, measurement; Positive Thinking Concept of Optimism measurement and Health related outcomes	15	25%
4	Application of Positive Psychology in Counseling: Model of Mental Health: Flourishing, Languishing, Floundering and Struggling Character Strength Based Counseling	9	15%

5	Social Competence, Mindfulness and Emotional Intelligence: Social Competence: The Value of Social Support and Relationships in a Fulfilling and Meaningful Life Mindfulness: Concept, characteristics, and applications Emotional Intelligence: Concept and Measurement	9	15%
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Course Outcomes: By the end of the course, students will be able to:

1. Analyze historical origins and goals of Positive Psychology from Eastern and Western perspectives.
2. Understand the Broaden and Build Theory and different views on well-being and happiness.
3. Evaluate concepts like self-efficacy, hope, resilience, wisdom, courage, and positive thinking.
4. Apply Positive Psychology principles in counseling, using character strengths.
5. Recognize the significance of social support, relationships, mindfulness, and emotional intelligence in a fulfilling life.

List of Reference Books:

1. Baumgardner, S.R. & Crothers, M.K. (2009). Positive Psychology. Pearson.
2. Carr, A. (2004). Positive Psychology: The Science of Happiness and Human Strength. Routledge.
3. Gilman, R., Hubner, E. & Furlong, M.J. (Eds.) (2009). Handbook of Positive Psychology in Schools, Routledge
4. Synder, C. R. & Shane, J.L. (2005). Handbook of Positive Psychology. Oxford University Press.

Open e-Resources:

1. <http://heecontent.upsdc.gov.in/Home.aspx>
2. <http://www.apa.org>

GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A. (HONS.) PSYCHOLOGY
(Major 3)
SEMESTER 2

Subject Code: 10520201	Subject Title: PSYCHOLOGY OF EVERYDAY LIFE
Pre-requisite: Basic knowledge about psychology.	

Course Objective: The course aims to understand how psychology is applied in different areas. They will apply the principles and skills learnt during the course to enhance their own everyday lives. They will contribute to a better society armed with this knowledge.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Psychology, Parenting and Education: Stages of physical, cognitive, and psychosocial development upto adulthood Parenting styles. Goals of education Teaching and learning process Diversity in learners Changing role of the teacher Types of evaluation Factors in academic success.	15	25%
2	Psychology and Technology: The Emerging Nature of Psychology of Technology Technology, Psychology, and Evolution Technology and Sensory, Perceptual, and Cognitive Processes Technology and Motor Behavior: The Cinderella of Modern Psychology Behavior in the Virtual Environment Psychology of Technology in the Twenty-First Century	15	25%
3	Psychology and Work: Needs for relatedness, competence, autonomy. Maslow's hierarchy of needs Extrinsic and intrinsic motivation	15	25%

	Contemporary employment arrangements and their effects on individuals Work-life balance		
4	Psychology and a Sustainable Future: Environmental influences on human life: Environmental stress, Urban environments, Environment, and quality of life Health benefits of nature Human influences on Environment: Environmental degradation, Global Warming, Loss of biodiversity, Ecological crisis and collapse Sustainable living and pro-environment behaviour.	15	25%

Course Outcomes:

By the end of the course, students will be able to:

1. Provide students with a better understanding of human behaviour with respect to their development and parenting styles in everyday life. Apply psychological concepts and theories in education as a teaching-learning process to real-life situations.
2. Encourage self-reflection and introspection, helping students develop a greater sense of -awareness about psychology of technology.
3. Focus on the social aspects of human behaviour with respect to their needs, motivation, and work.
4. Provide practical strategies and techniques for adapting the environment and its influence on human behaviour.

List of Reference Books:

1. Bekerian, D., & Levey, A. (2012). Applied psychology: Putting theory into practice. Oxford University Press.
2. Donaldson, S. J., Csikszentmihalyi, M., & Nakamura, J. (Eds.). (2020). Positive Psychological Science: Improving Everyday Life, Well-being, Work Education, and Societies Across the Globe. Routledge.
3. Hodgetts, D., Stolte, O., Sonn, C., Drew, N., Carr, S., & Nikora, L. W. (2020). Social psychology and everyday life. Red Globe Press.
4. Singh, A.K. (2002). Sangyanatmak Manovigyan. Motilal Banarasidas.
5. Steg, L., & De Groot, J.I.M. (Eds.). (2018). Environmental Psychology: An Introduction (2nd ed.). Wiley.
6. Strongman, K. T. (2006). Applying psychology to everyday life: A beginner's guide. John Wiley & Sons.



Open e-Resources:

<http://heecontent.upsdc.gov.in/Home.aspx>

<http://www.apa.org>

GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A. (HONS.) PSYCHOLOGY
(Major 4)
SEMESTER 2

Subject Code: 10520202	Subject Title: Human Development
Pre-requisite: Basic Knowledge of the subject.	

Course Objective: The course aims to provide students with a understanding of human development and basic developmental theories and guide students with the knowledge and skills necessary to impart an understanding of the various domains of life span development.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Growth and Developmental Processes Growth: concept and definition Development: concept and definition Principles of human development Factors affecting human development. Stages of Development and Successful aging. Theories of development: Psychodynamic, Behavioristic, Humanistic and Cognitive Various aspects of development: Sensory-motor, cognitive, language, emotional, social and moral.	15	25%
2	Prenatal Development and Care Stages of Prenatal Development Prenatal Self Maternal-fetal bonding Experience of birth Forming character.	15	25%
3	Human Development: Middle Childhood through Old Age Middle Childhood - Characteristics, Developmental tasks, and Behavior problems. Adolescence - Characteristics, Developmental tasks, and Socio-emotional	15	25%

	problems. Adulthood - Characteristics, Developmental tasks and Problems. Old Age – Physical changes, Developmental tasks and Emotional Problems.		
4	Domains of Human Development Cognitive development: perspectives of Piaget and Vygotsky Language development Physical development Emotional development Moral development Personality development	15	25%

Course Outcomes:

By the end of the course, students will be able to:

1. Acquire an understanding of growth and development and various factors affecting human development. Develop deep knowledge about nature and stages of development of individual and its basic theories.
2. Differentiate between development during the germinal, embryonic, and fetal periods. Examine risks to prenatal development and potential complications of pregnancy and delivery.
3. Gain in depth knowledge of life Span Development.
4. Obtain awareness for several domains of human development.

List of Reference Books:

1. Arya, S.C. (1972). Infant and childcare for the mother. New Delhi: Vikas.
2. Craig, G. (1999); Human Development, N.J.; Prentice Hall
3. Feldman Robert S. (2013), Development Across the Life Span, 7th edition, United States, Pearson Education
4. Barbara.M, Newmaqn and Philip. R. Newman (2015) Theories of Human Development, Psychology press
5. Alastair Gibson, Neil Gibson (2015) Human Growth, Behavior and Development: Essential Theory and Application in Social Work, Sage Publications

Open e- Resources:

https://onlinecourses.swayam2.ac.in/cec23_ed22/preview

https://ugcmoocs.inflibnet.ac.in/index.php/courses/view_ug/24



GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A.(HONS.) PSYCHOLOGY
Major 5
SEMESTER 3

Subject Code: 10520301	Subject Title: ORGANIZATIONAL BEHAVIOUR
Pre-requisite: Knowledge about work environment.	

Course Objective:

To make students know how values and attitudes affect the behaviour of individual at workplace.
 To also make students aware about various evaluations at work place, psychological testing and basic issues and challenges faces by the employee at the organization.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents				
Sr. No	Topic	Total Hours	Weight (%)	
1	Introduction Definition and meaning Understanding organization Understanding individual Job analysis Uses of job analysis Sources of job analysis	15	25	
2	Value and Attitude Meaning and knowledge of value Meaning and knowledge of attitude Major job attitude Job satisfaction	15	25	
3	Evaluations and Studies Application forms Interviews Psychological testing Time motion studies Workplace design	15	25	
4	Issues and Challenges Fatigue Boredom Work-life balance Digital world	15	25	

Course Outcome: After completion of this course, student will be able:

1. To understand organization and concept of job analysis.



2. To gain deep knowledge about value and attitude towards work and its usefulness in job satisfaction.
3. To know how and individual is evaluated at their workplace and studies that are helpful in understanding organization behaviour.
4. To get insight about various issues at workplace and challenges faced by the employee.

List of Reference Books:

1. Robbins, S.P., Judge, T.A., & Vohra, N. (2018). Organizational Behavior, 18th Ed. New Delhi: Pearson-Prentice Hall
2. Singh, K. (2015). Organizational Behaviour.- Text and Cases. Pearson Education- New Delhi
3. Luthas, F (2010) Organizational Behaviour(13th Edition), McGraw- Hill, New York
4. Moorhead, G. Griffen, R.W. (2009) Organizational Behaviour- Managing People and Organization. Hughton Miffin Company, New York

GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A. (HONS.) PSYCHOLOGY
Major 6
SEMESTER 3

Subject Code: 10520302	Subject Title: ABNORMAL PSYCHOLOGY
Pre-requisite: Zeal to learn the subject.	

Course Objective:

To introduce students with the concept of abnormality and its causes. To make students aware about DSM and its use. To also make students aware about some common disorders, their symptoms, criteria and their prevalence.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Abnormality Meaning, definition and nature History Causes of abnormal behaviour Understanding DSM	15	25
2	Anxiety and OCD Anxiety Disorders Obsessive-Compulsive Disorder	15	25
3	Dissociative Disorders and Somatic Symptom Dissociative Disorders Dissociative Identity Disorder Dissociative Amnesia Depersonalization/Derealization Disorder Somatic Symptom Somatic Symptom Disorder Illness Anxiety Disorder Conversion Disorder	15	25

4	Trauma- and Stressor-Related Disorders Reactive Attachment Disorder Disinhibited Social Engagement Disorder Posttraumatic Stress Disorder Acute Stress Disorder Adjustment Disorders Prolonged Grief Disorder	15	25
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Course Outcome: After completion of this course, student will be able:

1. To build knowledge and understanding of the basic concepts in Abnormal Psychology and the causes of Abnormality.
2. To gain knowledge and understanding of Anxiety Disorders and OCD- their symptoms, diagnosis, causes and treatment.
3. To gain knowledge and understanding of Dissociative Disorders and Somatic Symptom- their symptoms, diagnosis, causes and treatment.
4. To gain knowledge and understanding of Trauma- and Stressor-Related Disorders- their symptoms, diagnosis, causes and treatment.

List of Reference Books:

1. Butcher, J. N., Hooley, J. M., & Mineka, S., (2014). Abnormal Psychology. (16th ed.). Pearson education.
2. Nolen-Hoeksema, S. (2019). ISE Abnormal Psychology, (8th edi.). McGraw-Hill Education
3. American Psychiatric Association. (2022). *Diagnostic and statistical manual of mental disorders* (5th ed., text rev.).



GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A. (HONS.) PSYCHOLOGY
Major 7
SEMESTER 3

Subject Code: 10520303	Subject Title: PSYCHOLOGY OF SOCIAL BEHAVIOUR
Pre-requisite: Basic understanding of human behaviour.	

Course Objective:

To introduce students with essential nature of social psychology, to develop critical thinking skills about individual behaviour and connecting it with social environment. To focus and understand various psychological concepts and theories that are helpful in studying social behaviour and their influence on human behaviour.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Social Psychology Introduction Definition and meaning Understanding research methods Social Communication	15	25
2	Cognition and Perception Cognition Schemas and heuristics Basic models of social thought Errors in social cognition Affect and cognition Perception Definition of social Perception Darwin's theory Attribution theories	15	25

3	Impression Formation and Attitude Impression Formation Solomon Ash's Research Impression Formation Impression Management Attitude Attitude formation and development Influence of attitude in behaviour Cognitive dissonance	15	25
4	Social Influence and Prosocial Behaviour Social Influence Social Conformity Compliance Obedience Prosocial Behaviour Why prosocial behaviour? Personality External and internal influences	15	25

Course Outcome: After completion of this course, student will be able:

1. To gain deep knowledge on social psychology and its research methods.
2. To understand how deep psychological concepts like cognition and perception are helpful in understanding behaviour in social environment.
3. To get insight on forming impression, its importance and its management and how it helps in developing one's attitude.
4. To know the importance of social conformity and prosocial behaviour and their influence.

List of Reference Books:

1. Alcock, Sadava, Collins and Green : A text book of social psychology.
2. Chadha, N.K. (2012) Social Psychology, MacMillan: New Delhi
3. Baron, R. A., Byrne, D. and Branscombe, N. R. (2006). Social Psychology. Prentice-Hall India: New Delhi.
4. Aronson E. Wilson, T. D. and Akert RM (2007) Social psychology. New Jersey : Pearson Education.
5. Robert A. Barron, Nyla R. Branscombe, Donn Bysne, Gopa Bharadwaj (2010) Social Psychology, Prosocial Behaviour, Dorling Kindersley (India) Pvt. Ltd. of Pearson Education New Delhi.



GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A.(HONS.) PSYCHOLOGY
Major 8
SEMESTER 4

Subject Code: 10520401	Subject Title: COMMUNITY PSYCHOLOGY
Pre-requisite: Basic knowledge about society.	

Course Objective:

To make students aware of society and societal issues. To acknowledge students about communities, their issues, ideologies and mental health interventions. To lighten up the spirit about community support and their positive effects.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Community Psychology Definition, historical background, fundamental principles. Ecological Levels of Analysis in Community Psychology Seven Core Values in Community Psychology Challenges in Community Psychology Traditional Scientific Research Methods, and Alternative Research Methods used in Community Psychology.	15	25
2	Understanding Communities Nature, types and levels of community Sense and Importance of Community Complex Realities of Communities Spirituality, Religion, and Communities Online Communities Understanding Human Diversity for Community Psychology.	15	25
3	Community-based Intervention for Mental Health Understanding Mental Health and Mental Illness Mental Health Problems in India Identification, Treatment, Prevention, Awareness Generation and Role of psychologists.	15	25
4	Community Support for People Affected by Disasters and Pandemics Definitions of Natural and Manmade Calamities Magnitude and Causes Impact on Mental Health Rescue Arrangements	15	25

	Disaster Management for Community Well-being Policies; Rehabilitation Addressing Psychological Trauma Role of Community Psychologists. Training for community approaches		
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Course Outcome: After completion of this course, student will be able:

1. To know fundamental principles, analysis in community psychology, core values and research methods used in community psychology.
2. To grasp knowledge about community, its importance, complexions and human diversities for community psychology.
3. To get proficiency in understanding mental health and illness, problems in India, treatment and awareness and role of psychologists.
4. To gain expertise in understanding mental health of people affected by calamities, its management and role of community psychologists.

List of Reference Books:

1. Melvin Zax & Gerald Specter. (1974). An Introduction to Community Psychology. John Wiley & Sons, Inc., New York
2. James H. Dalton, Maurice J. Elias & Abraham Wandersman. (2001). Community Psychology: Linking Individuals & communities. Wadsworth Thomson Learning: United States
3. Thara, R., Padmavati, R., Aynkran, J.R., & John, S. (2008). Community mental health in India: A rethink. International Journal of Mental Health Systems, 2
4. A.J. Dalal. Psychosocial Interventions for Community development. In G. Mishra (Ed.) Psychology in India, Vol. 9. New Delhi: Pearson.
5. Bhatia, S., & Sethi, N. (2007). History and theory of community psychology in India: An international perspective. In S.M. Reich, M. Riemer, I. Prilleltensky, & M. Montero (Ed) International Community Psychology: History and Theories.



GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A.(HONS.) PSYCHOLOGY
Major 9
SEMESTER 4

Subject Code: 10520402	Subject Title: THEORIES OF PERSONALITY AND LEARNING
Pre-requisite: Zeal to learn the subject.	

Course Objective:

To introduce students with the concept and determinants of personality. To make students aware about various Humanistic and learning theories of personality. To also make students aware of various personality assessment and measurement techniques.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Determinants of Personality Biological or Physical determinants Psychological determinants Environmental determinants Social determinants Educational determinants Family determinants General conclusion about determinants of Personality	15	25
2	Humanistic Theories of Personality Murray's Personology Triguna theory of personality Carl Roger's person-centred theory of personality Abraham Maslow's Need theory of personality	15	25
3	Learning Theories of Personality Albert Bandura's Social learning theory Walter Mischel Socio-cognitive theory of personality Skinner's Operant conditioning Dimensional Comparison of theories of personality	15	25
4	Measurement of Personality Personality Inventories Projective Methods Observational Methods General Conclusion regarding measurement of Personality	15	25



Course Outcome: After completion of this course, student will be able to :

1. Gain an in-depth understanding of the concept of personality and their determinants.
2. Explore the humanistic approaches of personality.
3. Explore learning and behaviourist approaches of personality.
4. Acquire knowledge of various assessment methods of personality.

List of Reference Books:

1. Friedman, H & Schustack, M. (2006). Personality: Classic Theories of Personality and Modern Research, Pearson Education.
2. Hall, Lindzey & Campbell (2013). Theories of Personality. Wiley & Sons.
3. Personality, Adjustment, Measurement and Clinical Diagnosis, Dr. Arvindrai N. Desai, University Granth Nirman Board.
4. Personality- Theory, Assessment and Research – Robert J. Gatcheli, Frederic. G.
5. Personality Development – C. I. Kundu, Sterling Publishers Pvt. Ltd.

GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A.(HONS.) PSYCHOLOGY
Major 10
SEMESTER 4

Subject Code: 10520403	Subject Title: DEVELOPMENTAL PSYCHOLOGY
Pre-requisite: Knowledge about child development.	

Course Objective:

To make students comprehend lifespan development, analyze research methods, examine biological foundations, explore adulthood and aging and apply their skills and knowledge of life span development in their real life circumstances.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Introduction to Lifespan Development and Biological Beginnings The Life-Span Perspective The Nature of Development Biological Beginnings Genetic foundation of Development Heredity and Environment interaction	15	25
2	Research in Life-Span Development Methods for Collecting Data Research Designs Time Span of Research	15	25
3	Middle Childhood and Adolescence Cognitive advances in thinking and expanding social interactions Moral Development Physical and Sexual Maturation Identity and Experience Sex difference and gender role development	15	25
4	Adulthood and Aging Early Adulthood Experiencing Middle Age Later adulthood and aging	15	25

Course Outcome: After completion of this course, student will be able:

1. To know about importance of life span perspective and how development takes place and understand the way development takes place with reference to biological beginning.
2. To enhance skills in knowing various methods, data collection, research designs and time to conduct research for life span development.



3. To understand cognitive, social, moral, and physical development during middle childhood and adolescence, including the exploration of identity, gender roles, and ethical considerations.
4. To understand experiences in adulthood and aging process from psycho-social viewpoints.

List of Reference Books:

1. Schell, R. E. & Hall, E. (1979). Developmental psychology Today. Random House Inc.
2. Shaffer, D. R. & Kipp, K. (2007). Developmental Psychology – Childhood and Adolescence. 7th Edition, Thomson Wadsworth.
3. Deb, S., Bhadra, S., Sunny, A. M., & Sahay, S. (2020). Childhood to Adolescence: Issues and Concerns, New Delhi, PEARSON.
4. Richard M. Lerner & Laurence Steinberg (2004). Handbook of adolescent psychology (2nd ed.) John Wiley & Sons, Inc.
5. Berger, K. S. (2015). The Developing Person through Childhood and Adolescence, (10th ed.), Worth Publishers.



GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A. (HONS.) PSYCHOLOGY
Major 11
SEMESTER 5

Subject Code: 10520501	Subject Title: FORENSIC PSYCHOLOGY
Pre-requisite: Basic knowledge of psychology, including an understanding of psychological theories, human behavior, familiarity with concepts in criminal justice or criminology.	

Course Objective: The course aims to provide students with a comprehensive understanding of the application of psychological principles within the legal system. Topics covered include the roles and ethical responsibilities of forensic psychologists, criminal behavior theories, police-human relations, and psychological assessments related to criminal responsibility, competency, and juvenile delinquency. Students will also explore the psychological aspects of crime investigation, special populations, and legal processes, with a focus on enhancing their ability to apply psychological expertise in both civil and criminal law contexts.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Introduction to Forensic Psychology Nature and Scope of Forensic Psychology Sub-specialities in Forensic Psychology Ethical Issues in Forensic Psychology Forensic Psychologist's Role and Functions Role of Assessment and Evaluation in Forensic Psychology	15	25%
2	Criminal Psychology Nature and Scope of Criminal Psychology Difference between Forensic and Criminal Psychology Theories Applied to Criminal Psychology Offender Typologies Forensic Psychology and Crime Investigation	15	25%

3	Police and Investigative Psychology Police and Human Relations Police and Special Population Police Interrogation and Truth Techniques of Interrogation Eye-witness and Witness Protection	15	25%
4	Areas Of Application of Forensic Psychology Forensic Psychology and Law Forensic Psychology in Civil and Criminal law Forensic Psychology and Assessment of Civil and Criminal Competency Criminal Responsibility and Insanity Defence Child Sexual Abuse and Role of Forensic Psychologists Juvenile Delinquency Homicide and Heinous Crimes Forensic Psychology and Criminal Justice System	15	25%

Course Outcomes:

By the end of the course, students will be able to:

1. Students will gain the ability to apply psychological principles in legal contexts, understand the ethical concerns in forensic work, and assess the role of forensic psychologists in various legal settings.
2. Students will develop a deep understanding of criminal psychology theories, offender classifications, and how psychological principles are applied in analyzing criminal behavior and investigation.
3. Students will gain insights into building positive police-community relations, understanding special populations, and applying ethical practices in police interrogation and witness protection.
4. Students will understand how forensic psychology is integrated into legal processes, develop skills to assess competency and criminal responsibility, and evaluate the role of psychologists in high-stakes legal cases involving juveniles and serious crimes.

List of Reference Books:

1. Bartol, C.R. and Bartol, A.M. (2008). Introduction to Forensic Psychology. Research and Application. (2nd edition). Barnes & Nobles, NY.
2. Harmening, W and Gamez, A. M. (2016). Forensic Psychology. Delhi: Pearson
3. Canter, D. (2017). Criminal Psychology. New York: Routledge
4. Ahuja, Ram (2000). Criminology. Rawat Publications, New Delhi



5. Kitaeff, Jack (2011). Handbook of Police Psychology. Routledge Academic, LA

Open e-Resources:

<https://egyankosh.ac.in/handle/123456789/23208>

GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A. (HONS.) PSYCHOLOGY
Major 12
SEMESTER 5

Subject Code: 10520502	Subject Title: COUNSELLING PSYCHOLOGY
Pre-requisite: Zeal to learn and understand counselling.	

Course Objective:

To enable students to have an understanding about counselling. To make students aware about various approaches in counselling. To also build students awareness on the ethical aspects of counselling.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Introduction to Counselling and Counselor Counselling and Guidance Counselling and Psychotherapy Process of Counselling Factors influencing Counselling Characters of Counselor	15	25
2	Psychoanalysis Psychoanalysis Techniques of psychoanalysis Psychodynamic therapy Difference between psychodynamic therapy and psychoanalysis Criticisms and limitations of psychoanalysis	15	25
3	Behaviour therapy and Cognitive Behavioural Therapy Systematic Desensitization Operant Conditioning Treatment	15	25

	ABC Model Level of Cognitions Techniques used in CBT Hierarchy ABC Structure Rational Motive Therapy		
4	Other therapies and Ethics in Counselling Person Centered Counselling Solution Focused Counselling Concept of Ethics Ethical Principles of Counselling Rehabilitation Council of India Code of Ethics	15	25

Course Outcome: After completion of this course, student will be able to :

1. To understand the importance of counselling as an application of psychology for wellbeing of individuals.
2. To gain knowledge about various concepts included in counselling process.
3. To get expertise about the role of counselor in the counselling process
4. To understand different therapy approaches of counselling.
5. To understand importance of ethical behavior of counselor in the counselling process.

List of Reference Books:

1. Corey, G. (2008). *Theory and Practice of Counseling and Psychotherapy*. USA: The Thompson Brooks.
2. Samuel T. Gladding (2009). *Counseling: A Comprehensive Profession*. Pearson Education.
3. Tim Bond (2000): *Standards and Ethics for Counselling in Action*. SAGE Publication
4. Anthony Bateman, Dennis Brown and Jonathan Pedder (2010): *Introduction to Psychotherapy: An Outline of Psychodynamic Principles and Practice*. Publisher: Routledge
5. Marty Sapp (2009): *Psychodynamic, Affective, and Behavioural Theories to Psychotherapy*. Charles C Thomas – Publisher LTD.
6. Wright JH, Basco MR, Thase ME (2006): *Learning Cognitive-Behaviour Therapy: An Illustrated Guide*. Washington, DC, American Psychiatric Press,
7. Gerald Corey (2009): *Theory and Practice of Counseling and Psychotherapy*. Publisher: Thompson Brooks.
8. Jeffrey A. Kottler & David S. Shepard (2008): *Introduction to Counseling: Voices from the Field*. Publisher: Thompson Brooks.



GANDHINAGAR
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GANDHINAGAR INSTITUTE OF LIBERAL STUDIES

B.A.(HONS.) PSYCHOLOGY

Major 13

SEMESTER 5

Subject Code: 10520503	Subject Title: STATISTICS
Pre-requisite: Basic interest to know about statistical concepts	

Course Objective:

To create students aware of basic statistical concepts. To enable students to use appropriate statistical tests for data collection. To build more scientific temper among students regarding data analysis.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Introduction to Statistics Meaning, types, scope and limitations Descriptive Statistics Inferential Statistics Arrangement of data Tabulation of data Graphical presentation of data Diagrammatic presentation of data	15	25
2	Data Collection and Scales Questionnaires Inventories Scales Check Lists Scales- Nominal scale, Ordinal Scale, Interval scale& Ratio scale.	15	25

3	Concept of central tendency Meaning, characters and function Mean Median Mode	15	25
4	Dispersion and Correlation Range Quartile Deviation Average Deviation Standard Deviation Variance Correlation - Basic concepts	15	25

Course Outcome: After completion of this course, student will be able:

1. To understand the importance of statistics in psychology and use in formulating researches.
2. To grasp knowledge about statistical concepts and its implication in understanding psychology.
3. To get proficiency in understanding various data collection methods and role of psychologist.
4. To gain expertise in understanding different types of data arrangements used in statistics for psychological analysis.

List of Reference Books:

1. Singh, A. K. (1986). Tests, measurements and research methods in behavioural sciences. Tata McGraw-Hill.
2. Ferguson, G. A. (1959). Statistical analysis in psychology and education.
3. Mangal, S. K. (2002). Statistics In Psychology And Education. PHI Learning Pvt. Ltd..
4. Garrett, H. E. (1937). Statistics in psychology and education .
5. B.L.Aggrawal (2009). *Basic Statistics*. New Age International Publisher, Delhi.
6. Asthana, H. S. and Bhushan, B. (2007). *Statistics for Social Sciences* (with SPSS Application). Prentice Hall of India, New Delhi.
7. Aron. A, Coups, E.J. (2019). Statistics for Psychology. Pearson IN.



GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A. (HONS.) PSYCHOLOGY
Minor -5 IKS
SEMESTER 5

Subject Code: 10520504	Subject Title: Psychological perspective of Indian Philosophy and Darshanas
Pre-requisite: Basic interest in connecting psychology with Indian context.	

Course Objective:

This course offers an integrated understanding of Indian psychological concept like *Manas*, *Ahamkara* and about Indian Darshanas. This topic covers the Indian Knowledge Systems associated with psychological aspects like Manas, Ahamkara and Darshanas. In this topic we are trying to understand psychological perspective of Indian Knowledge systems.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Understanding Manas and Ahamkara Introduction to Manas in Indian Philosophy Psychological Functions of Manas Manas in the Context of Sankhya Philosophy Manas and Cognitive Psychology Understanding Ahamkara (Ego) The Role of Ahamkara in Personal Growth Ahamkara and the Path of Detachment	15	25
2	Psychological Perspectives of Indian Darshanas -I Indian Darshanas – Astika & Nastika Charvaka Jainism Buddhism	15	25
3	Psychological Perspectives of Indian Darshanas -II Nayaya Vaisesika Samkhya Yoga Mimamsa Vedanta	15	25
4	Contemporary Indian Philosophy Philosophical movement Swami Vivekananda	15	25

	Sri Aurobindo Rabindranath Tagore Mahatma Gandhi Dr. B.R. Ambedkar Sarvepalli Radhakrishnan J. Krishnamurti		
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Course Outcome: After completion of this course, student will be able to:

1. Understand the concept and psychological functions of Manas in Indian philosophical thought.
2. Analyze the role of Manas in Sankhya philosophy and its parallels with cognitive psychology.
3. Understand the nature of Ahamkara and its impact on psychological balance and distress
4. Identify the basic concepts of Dharshanas in traditional Indian systems.
5. Evaluate the importance of Dharshanas in modern day life especially in relation with psychology.

List of Reference Books:

1. Baran, Chakraborty. A Dictionary of Advaita Vedānta . Kolkatta: The Ramakrishna Mission Institute of Culture, 2003.
2. Chattejee, S.G. and Datta, D.M. An Introduction to Indian Philosophy. Calcutta: University of Calcutta Press, 1960.
3. Daya Krishna. Indian Philosophy: A Counter Perspective. New Delhi: Oxford University Press, 1991.
4. Ganeri, J. The Oxford Handbook of Indian Philosophy. Delhi: Oxford University Press, 2017
5. Huong, Bhikkuni Givi. Bodhisattva & Sūnyata. Delhi: Eastern Book Links, 2005.
6. Sharma, C. A Critical Survey of Indian Philosophy. Delhi: Motilal Banarasidass Publication, 1964



GANDHINAGAR UNIVERSITY
GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A. (HONS.) PSYCHOLOGY
(Major 14)
SEMESTER 6

Subject Code: 10520601	Subject Title: RESEARCH IN PSYCHOLOGY
Pre-requisite: Basic knowledge about society.	

Course Objective:

To create awareness among students on basic concepts of research. To provide knowledge to students about scientific procedures psychologists use to observe, describe, explain, and predict behavior and mental processes. To lighten up scientific temper by understanding research technique and procedures.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents				
Sr. No	Topic	Total Hours	Weight (%)	
1	Introduction to Psychological Research Introduction Nature and Process Goals and objectives of psychological research Research Problem Hypothesis Variables Research Design	15	25	
2	Types of Research Non Experimental research Experimental research Non Experimental methods research Experimental methods of research	15	25	
3	Tools of Data Collection Observation Method Interview Questionnaire Method Case Study	15	25	
4	Report Writing Abstract	15	25	

Introduction to research report		
Review of literature		
Methodology		
Results and Discussions		
Conclusion		
Reference – APA format		
Publication in journals		

Course Outcome: After completion of this course, student will be able:

1. To develop basic understanding about goals and objectives of research and also about concepts like variables and hypothesis.
2. To get proficiency in understanding various types of research including experimental and non-experimental and also about various methods used in research.
3. To grasp knowledge about various kinds of data collection tools used in research for collecting data from psychological variables.
4. To enable students to prepare research reports with clarity about all relevant chapters in structured format.

List of Reference Books:

1. Creswell, J.W. and Creswell, J.D., (2017). Research design: Qualitative, quantitative, and mixed methods approaches. Sage publications
2. Glenn, J. C. (2010). Handbook of research methods. New Delhi: Oxford Book Company.
3. Kothari, C.R., 2004. Research methodology: Methods and techniques. New Age International
4. Mangal, S. K. (2002). Statistics In Psychology And Education. PHI Learning Pvt. Ltd..
5. McBride, D. M. (2010). The Process of research in Psychology. Los Angeles: Sage



GANDHINAGAR UNIVERSITY
GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A. (HONS.) PSYCHOLOGY
Major 15
SEMESTER 6

Subject Code: 10520602	Subject Title: PSYCHOPATHOLOGY
Pre-requisite: Zeal to learn the subject.	

Course Objective:

To introduce students about various types of disorders mentioned in psychopathological classifications. To make students aware about impact of these disorders and its impact on an individual. To sensitize students about the taboos and superstitions related with psychopathology.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents				
Sr. No	Topic	Total Hours	Weight (%)	
1	Introduction History of psychopathology Classification – DSM & ICD Assessment Autism Spectrum Disorders Intellectual Disabilities	15	25	
2	Mood Disorders and Substance abuse Depressive disorders Bipolar Mood disorders Mood disorders due to medical conditions Substance abuse – Depressants, Stimulants & Hallucinogens	15	25	
3	Personality Disorders Cluster A Paranoid Personality Disorder Schizoid Personality Disorder Schizotypal Personality Disorder Cluster B Antisocial Personality Disorder Borderline Personality Disorder Histrionic Personality Disorder Narcissistic Personality Disorder Cluster C Avoidant Personality Disorder	15	25	

	Dependent Personality Disorder Obsessive-Compulsive Personality Disorder (OCPD)		
4	Schizophrenia and Neurocognitive Disorders Concept Causes Types Treatment Neurocognitive Disorders -Parkinson Disease, Huntington's Disease Alzheimer's Disease	15	25

Course Outcome: After completion of this course, student will be able to:

1. Acquire knowledge about various types of childhood disorders and understand treatments for this disorder.
2. Gain an in-depth understanding about mood disorders and about bipolar mood disorders affecting individual and the impact of these disorders.
3. Explore various types of personality disorder and understand diagnostic criteria, causes and treatment.
4. Develop knowledge about nature and types of schizophrenia and neurocognitive disorders.

List of Reference Books:

1. American Psychiatric Association (2000). Diagnostic and Statistical Manual of Mental Disorders Fourth Edition, Text Revision. American Psychiatric Association, Washington, DC
2. Barlow, D. H., & Durand, V. M. (2005). Abnormal Psychology: An Integrative Approach (4th ed). Belmont, CA: Thomson-Wadsworth.
3. Carson, R. C., Butcher, J. N., & Mineka, S. (2002). Clinical assessment and treatment. In Fundamentals of Abnormal Psychology and Modern Life. New York: Allyn & Bacon
4. Carson, R., Butcher, J.N., & Mineka, S. (2005). Abnormal Psychology and Modern Life (3rd Indian reprint). Pearson Education (Singapore)
5. Kaplan, Harold I., M.D., and Benjamin (2002). Synopsis of Psychiatry: Behavioral Sciences, Clinical Psychiatry. 8th edition. Baltimore: Williams and Wilkins.



GANDHINAGAR UNIVERSITY
GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A. (HONS.) PSYCHOLOGY
Major 16
SEMESTER 6

Subject Code: 10520603	Subject Title: CROSS CULTURE STUDIES
Pre-requisite: Basic knowledge about psychology.	

Course Objective: This course invites students to explore how culture shapes the way people think, feel, and interact—both individually and within organizations. Through real-world examples, research insights, and cross-cultural perspectives, students will gain a deeper understanding of human behavior across cultures and learn how to navigate communication, emotions, and decision-making in diverse settings.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Introduction Definition , Objectives and scope of cross-cultural psychology Culture's internal and external influences Absolutism, Relativism, Universalism perspectives Cultural transmission's significance	15	25%
2	Cross Cultural Research Methods Research approach Measurements Ethical concerns	15	25%
3	Culture, Emotions, and Personality Emotion recognition and judgment across cultures Cultural display rules and emotional experiences Personality traits in diverse cultural contexts	15	25%
4	Communication and Work Cross-Cultural Communication Communication Network Change in Organization Decision making and conflicts	15	25%

Course Outcomes:

By the end of the course, students will be able to:

1. Define cross-cultural psychology, explain its objectives and scope, and analyze how culture influences human behavior through both internal and external factors. They will also be able to critically compare absolutist, relativist, and universalist perspectives, and articulate the importance of cultural transmission in shaping individual and group psychology.
2. Identify and evaluate various research methods used in cross-cultural studies, understand culturally appropriate research designs and approaches, and apply reliable measurement tools to assess psychological variables across different cultural contexts.
3. Examine how emotions and personality are expressed, recognized, and interpreted across cultures. It aims to help students understand cultural differences in emotional experiences, display rules, and personality traits, fostering greater empathy and insight into human diversity.
4. Analyze and apply effective cross-cultural communication strategies, understand the dynamics of communication networks in diverse settings, evaluate the impact of cultural differences on organizational change, and develop culturally informed approaches to decision-making and conflict resolution.

List of Reference Books:

1. Berry, J. W, Poortinga, Y.H., Breugelmans, S.M., Chasiotis, A., & Sam, D.L.(2011). Cross-cultural psychology: Research and applications. Cambridge: Cambridge University Press.
2. Berry, J. W. et al. (Eds.). (1997). Handbook of cross-cultural psychology (2nded.) (Vol. 1-3), Boston: Allyn & Bacon.
3. Keith, K. D. (2010). Cross-cultural psychology: Contemporary themes and perspectives. New York: Wiley-Blackwell
4. Dr. Sengupta N. & Bhattacharya M. (2007) International Human Resource Management. Excel Books, New Delhi.
5. Eric B. Shiraev, Eric B Shiraev, David, (2017)Cross-Cultural Psychology: Critical Thinking and Contemporary Applications. (6th ed.)Routledge: taylor & Francis group.

Open e-Resources:

<https://epgp.inflibnet.ac.in/Home/ViewSubject?catid=Ikr76qw2h+vltP6ZdaFVbg==> https://ugcmoocs.inflibnet.ac.in/index.php/courses/view_pg/679

GANDHINAGAR UNIVERSITY
GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A. (HONS.) PSYCHOLOGY
Minor 6 (Vocational)
SEMESTER 6

Subject Code: 10520604	Subject Title: PSYCHOLOGICAL TESTING
Pre-requisite: Basic knowledge about psychology.	

Course Objective: This course invites students to explore various psychological tests, including their administration, scoring, and interpretation, is provided. These tests cover multiple domains such as cognition, personality, and interpersonal functioning. Cognitive assessments involve tests measuring intelligence, memory, aptitude, and problem-solving abilities. Personality and interpersonal functioning are evaluated through projective tests, questionnaires, and inventories. Vocational tests may focus on areas such as vocational interests, creativity, motivation and aptitude. Students are required to administer a minimum of 7 psychological tests.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
-	-	8	4	-	-	50	50	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Cognitive Assessments Test of Intelligence Bhatia's Battery of Performance MISIC-Neuropsychological interpretation Ravens Standard Progressive Matrices Problem solving Memory tests	15	25%
2	Personality and interpersonal functioning Assessments Personality tests 16PF EPQ Bells Adjustment Inventory TAT	15	25%
3	Emotional and Psychological Functioning Assessments	15	25%

	Emotional intelligence test Anxiety and Depression tests Stress and Coping tests		
4	Vocational and Aptitude Assessments Vocational interest inventory Aptitude Test Test of achievement motivation Test of Creativity	15	25%

Course Outcomes:

By the end of the course, students will be able to:

1. To develop the skills of psychological tests.
2. To know various psychological tests, its administration and interpretation.
3. To administer various psychological tests, its administration and interpretation.
4. To write and submit record of various practical done during the course.

GANDHINAGAR UNIVERSITY
GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A. (HONS.) PSYCHOLOGY
INTERNSHIP
SEMESTER 6

Subject Code: 10520605	Subject Title: INTERNSHIP IN PSYCHOLOGY
Pre-requisite: Basic knowledge about psychology.	

Course Objective: The primary goal of the placement is to train students to deliver independent and competent patient care. This includes acquiring skills in interviewing and assessment, building rapport with patients, conducting comprehensive evaluations, obtaining clear and accurate case histories, performing mental status examinations, and formulating provisional diagnoses. Trainees are also expected to administer appropriate diagnostic and psychological tests to support the diagnostic process.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
-	-	8	4	-	-	-	100	100

Evaluation:

1. Student will be evaluated based on their performance at clinical setting and on the basis of their progress report.
2. Student must submit the report with a minimum of 5 case studies and submit it to university. Along with the necessary Certificate of completion of the Internship by the Clinic wherein the student is completing his/her internship.

Course Outcome: After completion of this course, student will be able:

1. Expected to acquire skills of eliciting the relevant clinical history through a psychiatric interview of the clients and his/her caregivers; being sensitive to cultural diversity and religious and education background of the client/family.
2. Expected to conduct a thorough mental status examination and propose relevant differential diagnosis using latest ICD diagnostic criteria. Based on clinical findings, trainees select appropriate psychological tests/measures and conduct Psychological Evaluation to answer relevant clinical questions.

3. Demonstrate a comprehensive knowledge of various classes of psychotropic medications, clinical indications, and their side-effects.
4. Expected to have a reasonable understanding of treatment of psychological disorders, and hypothesized biological mediators of psychological interventions as the knowledge in these areas is considered essential to offer an effective psychoeducation as part of psychological interventions.

GANDHINAGAR UNIVERSITY
GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A. (HONS.) PSYCHOLOGY
(Major 17)
SEMESTER VII

Subject Code: 10520701	Subject Title: Cognitive and Behavioural Psychology
Pre-requisite: Basic knowledge of general and abnormal psychology, understanding of cognitive processes, emotions, and behaviour patterns, and familiarity with basic counselling and psychological theories.	

Course Objective:

1. To introduce students to the fundamental principles of Cognitive Behaviour Therapy (CBT).
2. To help students understand cognitive distortions, beliefs, and behavioural patterns.
3. To develop skills for identifying and modifying maladaptive thoughts and behaviours.
4. To understand the application of CBT in psychological counselling and mental health problems.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Introduction to Cognitive Behaviour Therapy Meaning and concept of Cognitive Behaviour Historical development of CBT Basic principles of cognitive therapy Cognitive model of emotional disorders Common misconceptions about CBT Cognitive distortions and emotional reactions	15	25%
2	Cognitive Structure and Beliefs Automatic thoughts and negative thinking patterns Identifying Negative Automatic Thoughts (NAT) Intermediate beliefs and assumptions Core beliefs and schemas Techniques for modifying dysfunctional beliefs Developing positive and rational thinking patterns	15	25%
3	CBT Techniques and Case Conceptualization Case conceptualization in CBT	15	25%

	Structure of CBT sessions Cognitive restructuring techniques Behavioural techniques (activity scheduling, exposure, relaxation) Role-play and assignments in CBT Application of CBT in counselling settings Limitations of CBT		
4	Application of CBT CBT for stress management CBT for anxiety and fear disorders CBT for depression CBT for anger and aggression CBT for trauma and emotional problems CBT in everyday life and self-help approaches	15	25%

Course Outcomes:

1. Understand the basic concepts and theoretical foundations of cognitive behavioural approaches.
2. Identify negative automatic thoughts, cognitive distortions, and maladaptive beliefs.
3. Apply cognitive and behavioural techniques in counselling and therapeutic settings.
4. Use CBT principles to manage psychological problems such as stress, anxiety, and depression.

List of Reference Books:

1. Judith S. Beck – *Cognitive Behavior Therapy: Basics and Beyond*.
2. David F. Tolin – *Doing CBT: A Comprehensive Guide to Working with Behaviors, Thoughts, and Emotions*.
3. Jeffrey A. Cully & Andra L. Teten – *A Therapist's Guide to Brief Cognitive Behavioral Therapy*.
4. Aaron T. Beck – *Cognitive Therapy and the Emotional Disorders*.

CO–PO–PSO Mapping Table

CO / PO / PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
CO1	3	2	2	-	-	2	2	2	1	1	2	2
CO2	2	3	2	-	-	1	2	2	1	1	3	2
CO3	1	2	3	-	-	2	1	2	1	2	3	3
CO4	1	2	2	-	-	1	2	2	2	2	3	3

Programme Specific Outcomes (PSO)

PSO 1 Behaviour & Cognition Application	Apply psychological principles to understand and improve human behaviour, cognition, and emotions.
PSO 2 Intervention Design	Design interventions for mental health, emotional regulation, and social well-being.

GANDHINAGAR UNIVERSITY
GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A. (HONS.) PSYCHOLOGY
(Major 18)
SEMESTER VII

Subject Code: 10520702	Subject Title: Applied Psychology
Pre-requisite: Basic understanding of general psychology, human behaviour, and psychological theories, along with knowledge of cognitive, emotional, and social processes.	

Course Objective:

1. To introduce students to the concepts, scope, and domains of Applied Psychology.
2. To understand the application of psychological principles in various real-life settings.
3. To develop skills to address practical problems in education, health, and workplace.
4. To enhance understanding of methods for improving human well-being and performance.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Introduction to Applied Psychology Meaning and definition of Applied Psychology Scope and domains (Clinical, Educational, Health, Organizational, Forensic) Historical development and significance Methods and approaches in Applied Psychology Role of applied psychologists in society	15	25%
2	Educational and Health Psychology Application of psychology in teaching-learning process Motivation, attention, and learning strategies in education Guidance and counselling in educational settings Health psychology: stress, coping, and adaptation Psychological aspects of physical health and well-being	15	25%
3	Industrial and Organizational Applications Psychology in the workplace: employee behaviour and productivity Motivation, job satisfaction, and leadership Selection, training, and performance appraisal Work stress and employee mental health Team dynamics and organizational development	15	25%
4	Social and Community Applications Social behaviour and community psychology Applied psychology in social issues: crime, aggression, substance abuse	15	25%

Human development and ageing Intervention strategies for societal well-being Role of applied psychologists in policy, welfare, and rehabilitation		
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Course Outcomes:

1. Understand the scope and significance of Applied Psychology in different domains.
2. Apply psychological principles to education, health, and organizational settings.
3. Identify and analyse psychological problems and interventions in real-life contexts.
4. Evaluate strategies for enhancing mental health, human performance, and societal well-being.

List of Reference Books:

1. Morgan, C. T., King, R. A., Weisz, J. R., & Schopler, J. – *Introduction to Psychology*.
2. Schultz, D. P. & Schultz, S. E. – *Psychology and Work Today*.
3. Baron, R. A. – *Psychology*.
4. Ciccarelli, S. K., & White, J. N. – *Psychology*.
5. Suresh, A. – *Applied Psychology in India: Trends and Practices*.
6. Coon, D., & Mitterer, J. O. – *Introduction to Psychology: Gateways to Mind and Behaviour*.
7. Kosslyn, S. M., & Rosenberg, R. S. – *Psychology: The Brain, The Person, The World*.
8. Singh, A. K. – *Applied Psychology: Theory and Practice*.

CO–PO–PSO Mapping Table

CO / PO / PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
CO1	3	2	2	-	-	2	2	2	1	1	2	2
CO2	2	3	3	-	-	2	2	2	1	2	3	3
CO3	2	3	2	-	-	1	2	2	2	2	3	2
CO4	1	2	2	-	-	2	2	2	2	2	3	3

Programme Specific Outcomes (PSO)

PSO 1 Behaviour & Cognition Application	Apply psychological principles to understand and improve human behaviour, cognition, and emotions.
PSO 2 Intervention Design	Design interventions for mental health, emotional regulation, and social well-being.

GANDHINAGAR UNIVERSITY
GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A. (HONS.) PSYCHOLOGY
(Major 19)
SEMESTER VII

Subject Code: 10520703	Subject Title: Psychological Experiments
Pre-requisite: Students should have basic knowledge of general psychology, research methodology, and psychological testing. Understanding of experimental methods and statistical concepts will help students conduct and interpret psychological experiments.	

Course Objective:

1. To introduce students to the concept and importance of experimental methods in psychology.
2. To develop understanding of designing and conducting psychological experiments.
3. To train students in data collection, analysis, and interpretation of experimental results.
4. To enhance practical skills in report writing and scientific presentation of psychological experiments.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Introduction to Psychological Experiments Meaning and concept of psychological experiment Nature and importance of experimentation in psychology Variables in experiments (independent, dependent, controlled variables) Experimental and control groups Ethical considerations in psychological experiments	15	25%
2	Experimental Design and Procedure Types of experimental designs Laboratory and field experiments Steps in conducting psychological experiments Sampling and data collection methods Recording and tabulation of experimental data	15	25%
3	Experiments in Cognitive Processes Experiment on attention Experiment on perception Experiment on learning Experiment on memory	15	25%

4	Experiments in Behaviour and Personality Experiment on reaction time Experiment on problem solving Experiment on motivation Experiment on personality or individual differences Preparation of practical records and experimental reports	15	25%
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Course Outcomes:

1. Understand the basic principles and methods of psychological experimentation.
2. Design and conduct simple psychological experiments related to cognitive and behavioural processes.
3. Collect, analyse, and interpret experimental data using appropriate psychological methods.
4. Prepare systematic laboratory reports and present experimental findings scientifically.

List of Reference Books:

1. Woodworth, R. S., & Schlosberg, H. – *Experimental Psychology*.
2. Postman, L., & Egan, J. P. – *Experimental Psychology*.
3. Kerlinger, F. N. – *Foundations of Behavioral Research*.
4. Garrett, H. E. – *Statistics in Psychology and Education*.
5. Singh, A. K. – *Tests, Measurements and Research Methods in Behavioural Sciences*.
6. McGuigan, F. J. – *Experimental Psychology: Methods of Research*.

CO–PO–PSO Mapping Table

CO / PO / PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
CO1	3	2	2	-	-	2	2	2	1	1	2	2
CO2	2	3	3	-	-	2	1	2	1	2	3	3
CO3	2	3	2	-	-	2	2	2	2	2	3	3
CO4	1	2	2	-	-	1	2	2	2	2	2	3

Programme Specific Outcomes (PSO)

PSO 1 Understanding Psychological Processes	Apply psychological theories and concepts to understand human behaviour and mental processes.
PSO 2 Experimental and Research Skills	Demonstrate the ability to design experiments, analyse data, and interpret results in psychological research.

GANDHINAGAR UNIVERSITY
GANDHINAGAR INSTITUTE OF LIBERAL STUDIES
B.A. (HONS.) PSYCHOLOGY
(Minor 7)
SEMESTER VII

Subject Code: 10520704	Subject Title: Emotional Psychology
Pre-requisite: Basic knowledge of General Psychology, Cognitive Psychology, and Abnormal Psychology, along with understanding of emotions, motivation, and human behaviour.	

Course Objective:

1. To introduce students to the concepts, theories, and types of emotions.
2. To understand the role of emotions in cognition, behaviour, and social interaction.
3. To develop skills for assessing, regulating, and managing emotions effectively.
4. To explore applications of emotional psychology in personal, social, and organizational contexts.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Introduction to Emotional Psychology Meaning, definition, and scope of Emotional Psychology Components of emotions: physiological, cognitive, behavioural Basic and complex emotions Historical perspectives and modern approaches Importance of emotions in daily life	15	25%
2	Theories and Models of Emotion James-Lange Theory Cannon-Bard Theory Schachter-Singer Two-Factor Theory Cognitive Appraisal Theories (Lazarus) Emotional Intelligence and models (Goleman, Mayer & Salovey) Neurobiological basis of emotions	15	25%
3	Emotional Processes and Regulation Emotion-cognition interaction Emotional perception, expression, and recognition Emotion regulation strategies Stress, coping, and emotional resilience Mood disorders and emotional dysregulation	15	25%

	Role of personality in emotional responses		
4	Applications of Emotional Psychology Emotional intelligence in education and workplace Emotions in interpersonal relationships and social behaviour Role of emotions in decision-making and problem-solving Emotions and mental health Positive psychology and emotion enhancement strategies Applications in therapy, counselling, and well-being	15	25%

Course Outcomes:

1. Understand the nature, components, and theories of emotions.
2. Analyse the relationship between emotions, cognition, and behaviour.
3. Apply strategies for emotional regulation, stress management, and interpersonal skills.
4. Evaluate the role of emotions in health, work, education, and social relationships.

List of Reference Books:

1. Gross, J. J. – *Handbook of Emotion Regulation*.
2. Goleman, D. – *Emotional Intelligence: Why It Can Matter More Than IQ*.
3. Barrett, L. F. – *How Emotions Are Made: The Secret Life of the Brain*.
4. Ekman, P. – *Emotions Revealed: Recognizing Faces and Feelings to Improve Communication and Emotional Life*.
5. Izard, C. E. – *Human Emotions*.
6. Scherer, K. R., Schorr, A., & Johnstone, T. – *Appraisal Processes in Emotion: Theory, Methods, Research*.
7. Salovey, P., & Mayer, J. D. – *Emotional Intelligence*.
8. Davidson, R. J., & Begley, S. – *The Emotional Life of Your Brain*.

CO–PO–PSO Mapping Table

CO / PO / PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
CO1	3	2	2	-	-	2	2	2	1	1	2	2
CO2	2	3	2	-	-	1	2	2	2	1	2	2
CO3	1	2	3	-	-	2	2	2	2	2	3	3
CO4	1	2	2	-	-	2	2	2	2	2	3	3

Programme Specific Outcomes (PSO)

PSO 1 Behaviour & Cognition Application	Apply psychological principles to understand and improve human behaviour, cognition, and emotions.
PSO 2 Intervention Design	Design interventions for mental health, emotional regulation, and social well-being.

GANDHINAGAR UNIVERSITY

GANDHINAGAR INSTITUTE OF LIBERAL STUDIES

B.A. (HONS.) PSYCHOLOGY

(Major 20)

SEMESTER VIII

Subject Code: 10520801	Subject Title: Psychology of Human Sexuality and Marital Relationships
Pre-requisite: Basic knowledge of general psychology, human development, interpersonal relationships, and social behaviour, along with understanding of emotions, personality, and family dynamics.	

Course Objective:

1. To introduce students to the concepts and psychological aspects of human sexuality.
2. To understand the development of sexual behaviour and gender roles across the lifespan.
3. To examine marital relationships, communication, and adjustment between partners.
4. To develop awareness about sexual health, relationship satisfaction, and family well-being.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Introduction to Human Sexuality Meaning and concept of human sexuality Biological and psychological bases of sexuality Sexual development across the lifespan Gender roles and gender identity Cultural and social influences on sexuality	15	25%
2	Sexual Behaviour and Sexual Health Components of sexual behaviour Sexual orientation and identity Sexual attitudes and values Sexual health and hygiene Common sexual problems and misconceptions	15	25%
3	Psychology of Marriage Meaning and importance of marriage Types and forms of marriage Marital roles and expectations Communication and intimacy in marriage	15	25%

	Marital adjustment and satisfaction		
4	Marital Relationships and Family Well-being Factors affecting marital harmony and conflict Marital counselling and guidance Family relationships and parenting roles Divorce, separation, and remarriage Promoting healthy marital and family relationships	15	25%

Course Outcomes:

1. Understand the psychological, biological, and social aspects of human sexuality.
2. Explain the development of sexual identity, gender roles, and sexual behaviour.
3. Analyse factors affecting marital adjustment, communication, and relationship satisfaction.
4. Apply psychological knowledge to promote healthy relationships, sexual well-being, and family harmony.

List of Reference Books:

1. Hyde, J. S., & DeLamater, J. – *Understanding Human Sexuality*.
2. Rathus, S. A., Nevid, J. S., & Fichner-Rathus, L. – *Human Sexuality in a Changing World*.
3. Strong, B., DeVault, C., & Cohen, T. – *The Marriage and Family Experience*.
4. Olson, D. H., & DeFrain, J. – *Marriage and the Family: Diversity and Strengths*.
5. Crooks, R., & Baur, K. – *Our Sexuality*.
6. Santrock, J. W. – *Life-Span Development*.
7. Papalia, D. E., & Feldman, R. D. – *Human Development*.

CO–PO–PSO Mapping Table

CO / PO / PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
CO1	3	2	2	-	-	2	2	2	1	1	2	2
CO2	2	3	2	-	-	1	2	2	2	1	2	2
CO3	1	2	3	-	-	2	2	2	2	2	3	3
CO4	1	2	2	-	-	2	2	2	2	2	3	3

Programme Specific Outcomes (PSO)

PSO 1 Behaviour & Cognition Application	Apply psychological principles to understand and improve human behaviour, cognition, and emotions.
PSO 2 Intervention Design	Design interventions for mental health, emotional regulation, and social well-being.

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SEMESTER VIII

Subject Code: 10520802	Subject Title: Clinical Psychology
Pre-requisite: Students should have basic knowledge of general psychology, abnormal psychology, personality theories, and psychological assessment to understand mental disorders and clinical interventions.	

Course Objective:

1. To introduce students to the nature, scope, and historical development of clinical psychology.
2. To understand the classification, causes, and symptoms of psychological disorders.
3. To familiarize students with methods of clinical assessment and diagnosis.
4. To develop understanding of psychotherapeutic techniques and mental health interventions.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Introduction to Clinical Psychology Meaning and definition of Clinical Psychology Nature and scope of Clinical Psychology Historical development of Clinical Psychology Role and responsibilities of a clinical psychologist Mental health and mental hygiene	15	25%
2	Psychological Disorders Concept and classification of psychological disorders Causes of abnormal behaviour (biological, psychological, social factors) Anxiety disorders Mood disorders Schizophrenia and personality disorders	15	25%
3	Clinical Assessment and Diagnosis Clinical interview Case study method Psychological testing in clinical psychology Diagnosis and classification systems Importance of assessment in treatment planning	15	25%
4	Psychotherapy and Mental Health Interventions Meaning and goals of psychotherapy Types of psychotherapy (Psychoanalytic, Behavioural, Cognitive)	15	25%

Counselling techniques		
Rehabilitation and mental health services		
Prevention and promotion of mental health		

Course Outcomes:

1. Understand the concept, history, and scope of clinical psychology and mental health services.
2. Explain the classification, causes, and symptoms of various psychological disorders.
3. Demonstrate knowledge of clinical assessment methods such as interviews, case studies, and psychological tests.
4. Apply knowledge of psychotherapy and counselling approaches in mental health treatment.

List of Reference Books:

1. Korchin, S. J. – *Modern Clinical Psychology*.
2. Trull, T. J., & Prinstein, M. J. – *Clinical Psychology*.
3. Comer, R. J. – *Abnormal Psychology*.
4. Kaplan, H. I., & Sadock, B. J. – *Synopsis of Psychiatry*.
5. Carson, R. C., Butcher, J. N., & Mineka, S. – *Abnormal Psychology and Modern Life*.
6. Barlow, D. H., & Durand, V. M. – *Abnormal Psychology: An Integrative Approach*.

CO–PO–PSO Mapping Table

CO / PO / PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
CO1	3	2	2	-	-	2	2	2	1	1	2	2
CO2	2	3	2	-	-	2	2	2	1	1	3	2
CO3	2	3	3	-	-	2	1	2	2	2	3	3
CO4	1	2	3	-	-	2	2	2	2	2	3	3

Programme Specific Outcomes (PSO)

PSO 1 Understanding Behaviour and Mental Processes	Apply psychological theories and concepts to understand human behaviour, emotions, personality, and mental processes in clinical and social contexts.
PSO 2 Psychological Assessment and Intervention	Demonstrate the ability to use basic psychological assessment methods and apply counselling and intervention strategies for improving mental health and well-being.

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SEMESTER VIII

Subject Code: 10520803	Subject Title: Psychology Practical (Lab)
Pre-requisite: Basic knowledge about Psychology Practical.	

Course Objective:

Developing practical skills in experimental design, analysis, and interpretation within the field of experimental psychology.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
-	-	8	4	-	-	50	50	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Maze-Learning	10	16
2	Fluctuation of Attention	10	16
3	Bilateral Transfer in Mirror Tracing	10	17
4	Habit Interference	10	17
5	Retroactive Inhibition	10	17
6	Retention as function of meaningfulness	10	17

Course Outcome: After completing this course, students will be able to:

1. Understand and apply basic experimental methods used in the field of experimental psychology.
2. Design and conduct simple psychological experiments related to learning, attention, and memory.
3. Accurately record, organize, and analyze experimental data obtained from laboratory activities.
4. Interpret experimental findings and draw logical conclusions based on psychological principles.
5. Develop skills in writing and presenting psychological practical reports in a scientific format.
6. Demonstrate improved observation, critical thinking, and problem-solving skills through practical experimentation.

List of Reference Books:

1. Experimental Psychology – R. S. Woodworth & Harold Schlosberg
2. Practical in Psychology – M. Mohsin
3. Experimental Psychology – H. J. Eysenck
4. A Handbook of Psychological Experiments – Postman & Egan
5. Practical Manual of Experimental Psychology – S. M. Mohsin

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SEMESTER VIII

Subject Code: 10520804	Subject Title: Psychological Assessment
Pre-requisite: Students should have basic knowledge of general psychology, research methodology, statistics, and psychological testing to understand human behaviour and individual differences in psychological assessment.	

Course Objective:

1. To introduce students to the concept, principles, and importance of psychological assessment.
2. To understand different types of psychological tests and assessment methods.
3. To develop knowledge about administration, scoring, and interpretation of psychological tests.
4. To familiarize students with ethical issues and applications of psychological assessment in various settings.

Teaching Scheme (Hours per week)				Evaluation Scheme (Marks)				
Lecture	Tutorial	Practical	Credit	Theory		Practical		Total
				University Assessment	Continuous Assessment	University Assessment	Continuous Assessment	
4	-	-	4	50	50	-	-	100

Subject Contents			
Sr. No	Topic	Total Hours	Weight (%)
1	Introduction to Psychological Assessment Meaning and definition of psychological assessment Nature and importance of psychological assessment Types of psychological assessment methods Characteristics of a good psychological test Role of psychological assessment in psychology	15	25%
2	Intelligence and Aptitude Testing Meaning and concept of intelligence Types of intelligence tests (individual and group tests) Aptitude tests and their uses Administration and scoring of intelligence tests Applications of intelligence and aptitude tests	15	25%
3	Personality Assessment Meaning and concept of personality assessment Objective personality tests Projective techniques (Rorschach Inkblot Test, TAT) Self-report inventories	15	25%

	Interpretation of personality test results		
4	Applications and Ethical Issues in Psychological Assessment Psychological assessment in clinical settings Assessment in educational and organizational settings Ethical issues in psychological testing Test bias and cultural factors in assessment Reporting and interpretation of assessment results	15	25%

Course Outcomes:

1. Understand the concept, purpose, and methods of psychological assessment.
2. Explain different types of psychological tests such as intelligence, personality, aptitude, and interest tests.
3. Demonstrate knowledge of test administration, scoring, interpretation, and reporting of psychological tests.
4. Apply psychological assessment techniques ethically in educational, clinical, and organizational settings.

List of Reference Books:

1. Anastasi, A., & Urbina, S. – *Psychological Testing*.
2. Kaplan, R. M., & Saccuzzo, D. P. – *Psychological Testing: Principles, Applications, and Issues*.
3. Gregory, R. J. – *Psychological Testing: History, Principles, and Applications*.
4. Singh, A. K. – *Tests, Measurements and Research Methods in Behavioural Sciences*.
5. Cohen, R. J., & Swerdlik, M. E. – *Psychological Testing and Assessment*.
6. Freeman, F. S. – *Theory and Practice of Psychological Testing*.

CO–PO–PSO Mapping Table

CO / PO / PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PSO1	PSO2
CO1	3	2	2	-	-	2	2	2	1	1	2	2
CO2	2	3	2	-	-	2	2	2	1	1	3	2
CO3	2	3	3	-	-	2	1	2	2	2	3	3
CO4	1	2	3	-	-	2	2	2	2	2	3	3

Programme Specific Outcomes (PSO)

PSO 1 Understanding Behaviour and Mental Processes	Apply psychological theories and concepts to understand human behaviour and mental processes.
PSO 2 Psychological Assessment Skills	Demonstrate ability to use psychological tests and assessment techniques for evaluating individual differences and behaviour.

APPENDIX – A

Sl. No.	Name of the Activity	Points	Maximum Points allowed
1	MOOCS (SWAYAM/NPTEL/Spoken Tutorial) (per course)	20	40
2	Tech Fest / Teachers Day / Freshers Welcome		
	(i) Organizer	05	10
	(ii) Participants	03	06
3	Rural Reporting	05	10
4	Tree Plantation (per tree)	01	10
5	Participation in Relief Camps	20	40
6	Participation in Debate/Group Discussion/ Tech quiz	10	20
7	Publication of Wall magazine at Institutional level (magazine/article/internet)	10	20
8	Publication in News paper, Magazine & Blogs	10	20
9	Research Publication (per publication)	15	30
10	Innovative Projects (other than course curriculum)	30	60
11	Blood donation camp		
	(i) Donor	08	16
	(ii) Camp Organizer	10	20
12	Participation in Sports/Games		
	(i) College Level	05	10
	(ii) University Level	10	20
	(iii) District Level	12	24
	(iv) State Level	15	30
	(v) National / International Level	20	40
13	Cultural programme (Dance, Drama, Elocution, Music etc.)	10	20
14	Member of Professional Society	10	20
15	Student Chapter Activities / Seminars		
	(i) Participant	05	20
	(ii) Presentation	10	20
	(iii) Organizer	10	20
16	Relevant industry visit & report	10	20
17	Activities in different clubs at HIT (Photography Club, Cine Club etc.)	05	10
18	Participation in Yoga Camp	05	10
19	Self-Entrepreneurship programme	20	20
20	Adventure sports	10	20
21	Training to under privileged / Physically challenged	15	30
22	Community Service & Allied Activities	10	20
23	Hackathon (State / National Level)		
	(i) Participation in Hackathon	10	20
	(ii) Qualifier for final round (not prize winner) in Hackathon	20	40
	(iii) Prize Winners of Hackathon	30	60

Format for Report Submission

Name :

Department :

Year/Semester :

Title of the Activity :

Date :

Name of the organization :

Report :

Signature
(Coordinator / Competent Authority)

Points earned:

Signature of the Mentor

APPENDIX – B

Bloom's Taxonomy

